

# O'ahu Eats Guide



**Honolulu's Best Restaurants & Food Experiences**

**CREATED BY ASHLEE GALEA**

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## OAHU EATS GUIDE

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# Introduction

Oahu is Hawaii's most popular island, home to the capital city of Honolulu and its major resort area, Waikiki.

After moving from Australia to Oahu in 2015, I've been eating my way around this tropical isle discovering the most delectable food I've ever tasted.

Everything from fresh Hawaiian poke (seasoned, cubed raw fish) to bowls of hot ramen (Japanese noodle soup) and sugary malasadas (Portuguese donuts).

Hawaii's food scene reflects its diverse population influenced by many different cultures and peoples, including Native Hawaiians, Polynesians, Japanese, Koreans, Filipinos, Portuguese, Chinese and more.

And it's this incredible variety of cuisine, prepared by talented local cooks using fresh island ingredients, that makes dining out in Oahu such a treat.

But not everyone is privy to Oahu's fabulous food bounty. I've watched visitors come and go, many of them unaware about where and what to eat.

Locals are the key to finding the best restaurants and food experiences. That's what spurred the idea to create the Oahu Eats Guide, a valuable resource to help guide the dining choices of Hawaii travelers.

Use it to discover Oahu's award-winning restaurants, iconic eateries, gourmet food courts, tasty food

trucks, excellent cooking classes and so much more.

A destination's cuisine is an integral part of the overall travel experience, and let's face it, those three meals a day can make or break a great trip.

So whether you're planning a future stay or just landed, I hope you have fun learning about and exploring Oahu's many local flavors.

Savor every delicious moment and share your best bites by tagging [@oahueatsguide](#) #oahueatsguide.

Happy eating!



Ashlee Galea

# How To Use This Guide

There are over 300 restaurants in Waikiki and many more across the island of Oahu. So how do you even begin to decide where to eat? RIGHT HERE! I'm here to help guide you based on the types of food you'd like to experience.

Perhaps during your Hawaii vacation you'd like to try traditional Hawaiian food, grab an affordable food truck meal, and treat yourself to oceanfront fine dining. Whatever your preferences are, the **Oahu Eats Guide** will help you find something that fits the bill based on my recommendations across 38-categories.

Every suggestion highlights whether the establishment:

- Is a great choice for **CELEBRATIONS** 🎉 and/or **DATE NIGHTS** 💕.
- Is open for [B] **BREAKFAST**, [L] **LUNCH** and/or [D] **DINNER** service. For up-to-date opening day and hours, please check directly with the restaurant.
- Has [V] **VEGETARIAN** [G], **GLUTEN-FREE** and/or [KM] **KIDS MENU** items available on the menu.
- Works well for [GP] **GROUPS** (defined as parties of 5 to 10 people).
- Is **BUDGET-FRIENDLY** \$ 10+ pp, \$\$ 11-30+ pp, \$\$\$ 31-60+ pp, \$\$\$\$ \$61+ pp.

I've also embedded links into every restaurant title making it effortless to visit their **WEBSITE**, and the @ links will direct you to their **INSTAGRAM** profile.

Each **address** links out to **GOOGLE MAPS**, providing you with directions. Every location on Oahu is part of the City & Country of Honolulu, meaning most street addresses across the island end with Honolulu. To make it easier for visitors to understand the true location, I have replaced Honolulu with the suburb name (except when referencing Downtown Honolulu).

Actual Address: [324 Coral St, Honolulu](#) Revised Address: [324 Coral St, Kakaako](#)

*TIP: To avoid disappointment, I highly recommend making reservations at Oahu restaurants (especially in Waikiki) well ahead of time. [Open Table app](#) (Apple/Google) makes this process very easy. Restaurants are listed on the app by island and city, and table bookings are easily secured, modified and canceled.*

I'm busy crafting my next eBook. To be the first to know when it launches, please subscribe to The Hawaii Admirer: [thehawaiiadmirer.com/subscribe](http://thehawaiiadmirer.com/subscribe)

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# Australian Tastes

LOCAL CULTURE REIGNS SUPREME IN HAWAII. BUT WHEN MY HOMESICKNESS FOR AUSTRALIA SETS IN, THIS IS MY EMERGENCY LIST FOR AN AUSSIE FIX.

## ARVO CAFE

[SALT, 324 Coral St, Kakaako](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$

[@a\\_r\\_v\\_o](#)

*The cute name of this cafe gives away its origin.*

Arvo, slang for afternoon in Australia, is a gorgeous Aussie-inspired coffee shop (some of the owners hail from down under). It's a cool spot to grab a flat white coffee, tuck into a Nutella or loaded avocado toast and devour a halloumi burger.



*TIP: Get your camera ready - most meals come adorned in pretty edible flowers.*



## KIWI STYLE FISH & CHIPS

[55-370 Kamehameha Hwy, Laie](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$

[@kiwistylefishandchips](#)

*A food truck that originated in Sydney (Australia), now found on Oahu's North Shore.* Stop here at Hukilau Marketplace, outside of the Polynesian Cultural Center, for a crispy-battered seafood feed with hot chips and chicken salt! They also have potato fritters/potato cakes/potato scallops.

*TIP: Finish off with a [Sweet As](#) New Zealand ice cream, located just around the corner.*

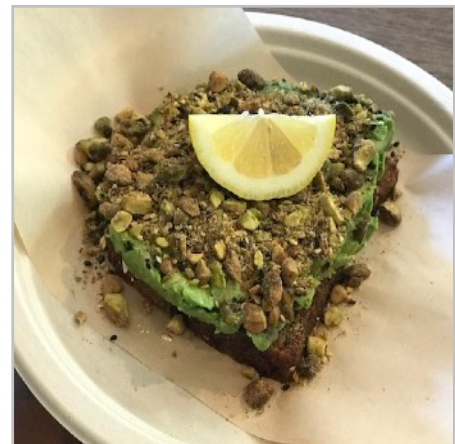
## TUCKER & BEVVY

[449 Kapahulu Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$

[@tuckerandbevv](#)

*The go-to for dukkah-dusted avocado toast, hot pressed paninis and real fruit smoothies.* Just like Australian beachside cafes, Tucker & Bevv serves plenty of salads, sandwiches, wraps and cold pressed juice. This is the perfect food to pick up and take on a beach or park picnic.



*TIP: Fresh and healthy food catering options are also available.*

# Bakeries & Cakeries

THE LOW-DOWN ON WHERE TO SCORE FRESHLY BAKED BREAD, GOURMET CAKES, CREATIVE DESSERTS AND DECADENT PASTRIES.

## BRUG HOKKAIDO BAKERY



[Ala Moana](#), [Kahala](#), [Manoa](#), [Pearlridge](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@brugbakery](#)

**An incredible German-influenced Japanese bakery with over 70 types of bakery items, all handmade daily!** There are no artificial preservatives, colors or other additives in their bread loaves, savory items and sweet baked treats.

*TIP: They make an incredible dairy-free bread.*

## HALEKULANI BAKERY & RESTAURANT 🎉



[2233 Helumoa Rd, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@halepunawaikiki](#)

**This top-shelf bakery creates oven-baked magic.** Enjoy epicurean loaves of bread, pastries, cakes, chocolates and bite-sized confections. Pop in for a sweet treat and coffee, or savor the experience by sitting down at the restaurant.

*TIP: Try Halekulani's signature coconut cake with raspberry coulis.*

## KONA COFFEE PURVEYORS + B. PATISSERIE



[Kuhio Ave Entrance, International Market Place](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@konacoffeepurveyors](#)

**A premium Kona coffee shop paired with the outstanding b. patisserie out of San Francisco.** They freshly bake an assortment of heavenly pastries including pineapple coconut almond croissants and buttery kouign amanns.

*TIP: Their cafe mocha is crafted with Valrhona (French chocolate).*

## KULU KULU



[Eaton Square, Royal Hawaiian Center](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@kulukulucake](#)

**A quirky Japanese cake shop with two locations in Waikiki.** Trademark items include Diamond Head cream puffs, strawberry roll cake, chocolate cake, soufflé cheesecake and green tea tiramisu. Kids love their cute animal shaped cakes.

*TIP: They also sell soft-serve ice cream, floats, and aloha jelly.*

# Bakeries & Cakeries Cont.

THE LOW-DOWN ON WHERE TO SCORE FRESHLY BAKED BREAD, GOURMET CAKES, CREATIVE DESSERTS AND DECADENT PASTRIES.

## LA PALME D'OR PATISSERIE



[Ala Moana Center](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@lapalmedor](#)

**A Japanese and French-inspired deluxe patisserie.** Specialties include strawberry shortcake, pear tarts, brownies, a variety of roll cakes, cookie puffs, berry panna cotta, crème caramel, mille crepes, lemon tarts, eclairs, and so much more.

*TIP: You can pre-order whole cakes for special occasions.*

## ROYAL HAWAIIAN BAKERY



[2259 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@royal\\_hawaiian](#)

**A pink-themed bakery full of sugary delights inside The Royal Hawaiian Resort.** Spend your vacation indulging in Big Island honey mac nut sticky buns, Hawaiian vanilla custard brioche braids and pink snowballs. Buy a slice of Royal banana bread.

*TIP: Shop for pink gifts at TRH Inspired while you're there.*

## TROPICAKES



[1108 Auahi St, Kakaako](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@tropicakeshawaii](#)

**Custom cakes formed into numbers, letters or shapes.** Each cake has shortbread almond tart layers, white chocolate vanilla filling and your choice of toppings: fruits, flowers, handmade chocolates, macarons, meringues and/or wafers.

*TIP: Pick-up and local delivery available.*

## WAIKIKI TEA HOUSE



[234 Beach Walk, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@ladym.waikikitea](#)

**Purveyors of the famous Lady M mille crepes originating out of New York's Upper East Side.** Each slice consists of over 20 paper-thin crepes layered with lightly flavored cream and gently baked until golden. This dessert is truly a blessing!

*TIP: They have unique beverages too. Try a rose tea latte.*



# Beach Grab & Go

WHEN YOU PEEL YOURSELF OFF WAIKIKI'S GOLDEN SANDS FOR A BITE TO EAT, THESE FOOD OUTLETS OFFER QUALITY TAKE AWAY OPTIONS NEARBY.

## BEACHWALK CAFE

[2170 Kalia Rd, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
[@beachwalk\\_cafe\\_waikiki](#)



*This cafe will fulfill your banh mi Vietnamese sandwich cravings.* They dish them out in French baguettes or buttery croissants. There's also a good selection of paninis, salads, soups, and stews including beef ragout.

*TIP:* They sell [La Tour Cafe](#) macarons!

## BEACHSIDE BISTRO

[2425 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
[@waikikibeachsidebistro](#)



*Find this convenient oceanfront snack bar steps from Honolulu Police Station.* Waikiki Beachside Bistro sells island favorites like Kauai garlic shrimp plates. Their Kapahulu burger is touted as the best burger in Waikiki!

*TIP:* Dole Whip (dairy-free pineapple soft-serve) is available here.

## COCO COVE

[2284 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
N/A



*A great place to stock your cooler for a day at the beach.* It's Waikiki's best mini-mart with a poke, salad and hot food bar. Whatever you are craving, chances are they have it, from bentos and sushi, to antipasto and cake.

*TIP:* Try mochi ice cream-filled rice balls.

## PAI'S DELI

[2335 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
N/A



*The only place to go in Waikiki for a made-to-order fresh salad sandwich.* They cram as many crisp vegetables and cold meats as possible between two slices of bread and serve it with a pineapple wedge.

*TIP:* There's beach access via the alley by the Outrigger Waikiki Beach Resort pool.



# Beach Grab & Go Cont.

WHEN YOU PEEL YOURSELF OFF WAIKIKI'S GOLDEN SANDS FOR A BITE TO EAT, THESE FOOD OUTLETS OFFER QUALITY TAKE AWAY OPTIONS NEARBY.

## THE PUKA AT DUKE'S

[2335 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
[@dukeswaikiki](#)



**Grab to-go food from The Puka, an easily accessible ordering window at Duke's Waikiki.** Popular items for beachside eating include Duke's nachos and Kona Brewing Co. beer battered fish and chips.

*TIP: Try a Hawaii grown fruit juice slushie.*

## THE SUNRISE SHACK

[2335 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
[@sunriseshack](#)



**Healthy eats close to the beach inside the Outrigger Waikiki Beach Resort.**

These guys rock salads, sandwiches, wraps, toasts, smoothies and superfood bowls like the blue dream bowl with blue majik spirulina.

*TIP: Get a classic bullet coffee here.*

## THE STEAK SHACK

[2161 Kalia Rd, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
[@steakshack](#)



**Well-seasoned steak and chicken plates with rice, organic greens and dressing.** Plates start from just \$8.75 - great value! Grab your food and settle down to eat on Waikiki Beach or the nearby Fort DeRussy Beach Park.

*TIP: Wash it down with a can of POG (passionfruit, orange and guava juice).*

## WAIKIKI GRASS SHACK

[2 Kuhio Beach, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$  
[@waikikigrassshack](#)



**A small drinks and shave ice stand conveniently located at Kuhio Beach.**

Choose from a variety of mocktail beverages including a coconut dream, island surfer (in a whole pineapple) or tropical splash.

*TIP: The same owners as the Waikiki Beachside Bistro, a short walk away.*

# Beers & Bites

ENJOY A SATISFYING FEED AND A CLEANSING ALE AT THESE BREWERIES.

## HONOLULU BEERWORKS

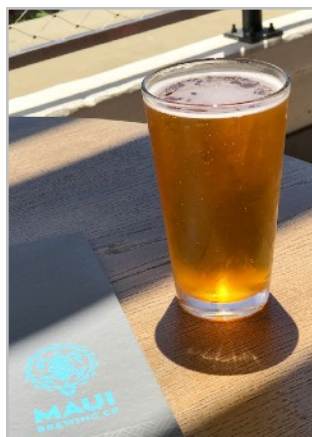
[328 Cooke St, Kakaako](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@honolulubeer](#)

**A fun-filled local brewpub in Kakaako's arts district.** It's tucked away in an open-air warehouse with a beer garden vibe and games including corn-hole. Start with a beer flight where you can choose up to six, 4oz (120ml) tasters of Honolulu Beerworks craft beers. Munchies include Bavarian soft pretzels, leafy salads, tasty flatbreads and a selection of beermade mac and cheese.



*TIP: The infused vodka list is impressive, from green candy apple to pineapple jalapeño.*



## MAUI BREWING CO. WAIKIKI 🍹

[2300 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@mauibrewingco](#)

**An indoor-outdoor venue atop Waikiki's main strip, home to Hawaii's largest bar.** The perfect spot to taste Maui Brewing Co. beers. This eatery has industrial decor with a sports bar atmosphere, complete with shuffleboard and foosball. Eat island-inspired pub grub and drink over 36 beers on tap including the Bikini Blonde Lager, Pineapple Mana Wheat and Coconut Hiwa Porter. They serve 16oz (0.5L) pints!

*TIP: \$10 pizzas, \$2 off beers and \$3 off cocktails at Happy Hour (daily 3:30-5:30pm).*

## WAIKIKI BREWING COMPANY

[1945 Kalakaua Ave, Waikiki](#)

[B] [L] [D] [V] [G] [KM] [GP] \$\$\$\$ [@waikikibrewco](#)

**As Waikiki's first brewery, this 7-barrel brewhouse is a must-visit for all beer enthusiasts.** Sample one of nine core handmade beers and a range of special release beers. Skinny Jeans IPA is a crowd favorite and Jalapeño Mouth has a strong kick and fan base. Located on the fringe of Waikiki, this laidback beer joint has a great indoor bar, al fresco dining area and first-rate pizzas and cheeseburgers.



*TIP: They also have a 20-barrel brewhouse in Kakaako, it's tops for a weekend brunch.*